

# TOGETHER

## Summer 2023

June to August  
Distributed free within the Benefice

Helmingham, Debenham

Framsden, Kenton

Seltangh, Popall

Winston



THE BENEFICE OF  
DEBENHAM & HELMINGHAM

## Reflection by Rev'd Tracey James

I have been talking to many of the young people at Debenham High School about endings recently – particularly year 11 pupils who are preparing for their GCSEs and for their next step into college or sixth form. Amidst the nerves and worries of exams and the excitement of moving on from school, there is also sadness and grief about what they are leaving behind. My eldest daughter is one of these year 11 pupils preparing to make this huge change.

I am also coming to an ending – the ending of my curacy. At the moment I don't know exactly when this will be, but it will likely be over the summer months. A curate is only in a place for a certain amount of time as it is a training post and once training has been completed the expectation is that the curate moves on to a post of their own. I find myself, much like the year 11s, excited about the future but I also feel a great deal of sadness at leaving this benefice. You have welcomed me and my children and given me room to grow into my ministry for which I will be ever grateful. I will forever have been shaped by my ministry in this benefice and by all of you and of course, particularly by Rev'd Susan who has been so generous with her time, her friendship and in sharing her experience and expertise with me.

All change involves some kind of ending and grief no matter if the change was expected or chosen even. But, as the bible tells us everything has its time:

For everything there is a season, and a time for every matter under heaven:  
a time to be born, and a time to die;  
a time to plant, and a time to pluck up what is planted;  
a time to weep, and a time to laugh;  
a time to mourn, and a time to dance;  
a time to throw away stones, and a time to gather stones together;  
a time to embrace, and a time to refrain from embracing;  
a time to seek, and a time to lose;  
a time to keep, and a time to throw away;  
a time to tear, and a time to sew;  
a time to keep silence, and a time to speak;  
a time to love, and a time to hate;  
a time for war, and a time for peace. *(taken from Ecclesiastes 3)*

God goes with us throughout our lives and the changing seasons we experience. For those of you also experiencing a time of change, an ending, may you know God's comfort in your grief, God's joy in your excitement and God's love at all times and in all seasons. Amen.

# Benefice Church Services

## June, July and August

<b>1<sup>st</sup> Sunday of the month</b>	8.00am	Aspall	Holy Communion
	9.30am	Debenham	family@church
<b>2<sup>nd</sup> Sunday of the month</b>	8.00am	Kenton	Holy Communion
	9.30am	Debenham	Holy Communion
		Framsden	Morning Prayer
	11.00am	Helmingham	Communion /MP
		Pettaugh	Holy Communion
	6.30pm	Winston	Evening Prayer
<b>3<sup>rd</sup> Sunday of the month</b>	8.00am	Aspall	Holy Communion
	9.30am	Debenham	Holy Communion
		Winston	Morning Prayer
	11.00am	Framsden	Holy Communion
		Kenton	Morning Prayer
<b>4<sup>th</sup> Sunday of the month</b>	9.30am	Debenham	Holy Communion
	11.00am	Winston	Holy Communion
		Pettaugh	Morning Prayer
<b>5<sup>th</sup> Sunday - July 30<sup>st</sup></b>	10.00am	Winston	Benefice Service

### ASPELL

**Strawberry tea at Aspall Hall Gardens** (see poster on page 7)

**Sunday 25th June from 2.00-4.00pm**

£7.50 including strawberries & cream, children free

\* Display of Morgan cars \*

\* Raffle, bric-a-brac, plant & cake stall \*

Tickets available from Webster's Newsagents

(any bric-a-brac or plants to Jean Ward 01728 860121)

*All funds raised in aid of Aspall Church*

# FRAMSDEN

## Obituary

The community of Framsdén and beyond is still mourning the sad loss of Joey Bell, who passed away in June 2022 after a sudden illness.

For the past thirty years Joey had been very involved with all the activities in Framsdén and was a staunch supporter of the church during that time. She enjoyed helping with fetes, where her cakes were renowned, and also the Woodland Group. She was a member of Pettaugh Ladies' Circle and a past Chairman.

Joey will be remembered for her kind and generous friendship. She was an avid gardener and a talented artist.

A Celebration of Joey's life was held in July, when the church was full to capacity with her family and many friends. Her ashes are now in the churchyard that she loved so much.

We all miss her very much and our thoughts are still with Charlotte, Alexander and Flossie on their sad loss.

*(the Editor apologises for accidentally omitting this from the previous issue)*

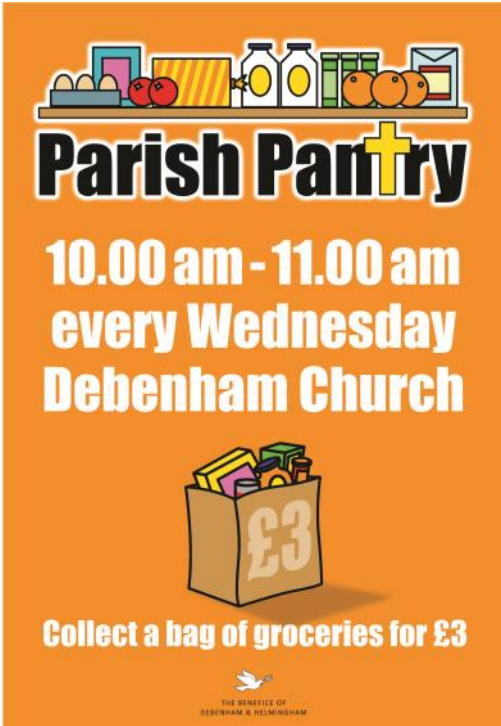
## Framsdén Church

On **Friday May 19th**, Framsdén are hosting "Men Who Munch" at the Village Hall from 12 – 2pm which includes a two course meal and a speaker. Tickets just £12.50 each and which can be booked by emailing [ctschofield@outlook.com](mailto:ctschofield@outlook.com). The speaker is a successful organic gardener and his subject will be "Grow your own".

Framsdén Church have their **annual fete** taking place on **Saturday 24th June** at the Village hall. Times are to be confirmed, but likely, as usual, to be 11am – 4pm. Exact timing to be confirmed asap and widely circulated.

Conversely, we have the **Garden Party** at Margaret Samain's house (Thornfield), Birds Lane, to look forward to on **Saturday, 16th July**, from 2pm 'til 4pm.

All welcome and with many thanks in anticipation, for your support.



The poster features a shelf at the top with various grocery items: a carton of milk, a loaf of bread, a bunch of bananas, a carton of juice, a carton of eggs, and some fruit. Below the shelf, the text reads "Parish Pantry" in a large, bold, black font with a yellow cross over the 'y'. Underneath, it says "10.00 am - 11.00 am every Wednesday Debenham Church" in a white, bold font. In the center, there is an illustration of a brown paper shopping bag filled with groceries, with a large "£3" printed on it. At the bottom, the text "Collect a bag of groceries for £3" is written in a white, bold font. A small logo for "THE BENEFICE OF DEBENHAM & HELMINGHAM" is visible at the very bottom.

## Framsden Village Hall

The hall has been a hub for village activities over the last few months including the Garden Group talk by Fergus Garrett, Framsdens Fundraisers Quiz Bingo a Church Easter coffee morning, and the inaugural meeting of Sustainable Framsdens CIC, as well as the regular meetings and clubs. New blackout blinds have been kindly funded by Lady Tollemache and recently installed by the Village Hall Team.

We look forward to the forthcoming coronation events, the Woodland Group plant sale on 11th June and the village fete 24th June.

To book the village hall contact Charlotte [framsdenvillagehallbookings@gmail.com](mailto:framsdenvillagehallbookings@gmail.com). The small meeting room is available free of charge!

## WINSTON

Congratulations to Poppy and Ben in Fenn Street on the birth of their son Harry in late January. Love and best wishes to you all.

A warm welcome goes to Vad and Elena at Primrose Cottage, Grange Road. We hope they will be very happy in our lovely little village.

We thank the Parish Council for organising the Litter Pick on March 11th.

The Annual Winston Quiz on March 17th was the usual fund-filled evening. It was great to see the schoolroom so full and lovely to welcome new faces to the Quiz. Many thanks to Lyn for setting the questions and to all who provided the half-time refreshments. The quiz including raffle raised £349 for the Schoolroom Fund,

We look forward to the **Black Barn Singers** concert in the church on **Sunday 25th June** at 5pm. £10 entry on the door includes drinks, nibbles and raffle. Money raised is going to Breast Cancer.

We are planning the **Winston Fete** on **Saturday 1st July** and we should be holding a pre-fete meeting on Tuesday 6th June at 7.30pm in the Schoolroom. If you are reading this after the 6th but have any ideas for the Fete or would like to help in any way please let one of us know. We would be very grateful for offers of cakes for the cake stall and refreshments. If you are having a clear out please think of us for White Elephant items and books. If she hasn't seen or spoke to you, Sandra has raffle tickets to sell, only £1 per book and she will write them for you if you let her know 01728 860040.

Winston will be holding the **Benefice service** on **Sunday 30th July** at 10am.

Looking further ahead, we are planning a **Pet Service** on **Sunday 17th September** at 2.30pm in the church, followed by refreshments in the Schoolroom. All pets and their owners will be very welcome.

Please save the date, **Saturday 18th November**, for the **Winston Early Bird Christmas Market**. More details in the next magazine.

## HELMINGHAM

### **Helmingham Hall Drinks:**

Edward and Sophie Tollemache invite you to join them for summer drinks in the garden at Helmingham Hall on **Wednesday 28th June 2023**, from 6.30pm - 8.30pm for drinks and canapés. £12 in aid of St Mary's Church, Helmingham. Please book tickets in advance by contacting Sue Haskins **before June 8th** on [office@helmingham.com](mailto:office@helmingham.com) or 01473 890 393.

### **Congratulations and best wishes**

to Jamie Taylor and Sarah Chapman and to Josh Cutting and Jessica Lacey who are to be married at Helmingham Church. Jamie and Sarah on Saturday July 8th, Josh and Jessica on Saturday August 26th.

### **Helmingham Primary School & Nursery**

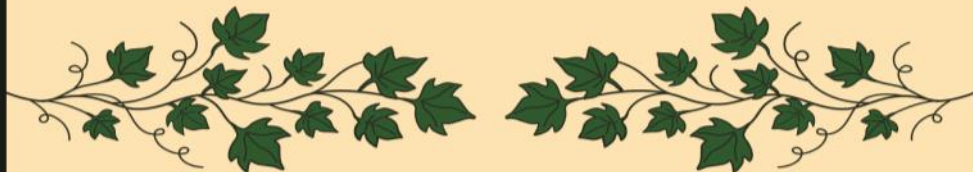
Last term all three classes joined together for an RE afternoon when Rev. Susan came and led a session on Palm Sunday. Seeing the children engaged in acting out the story with palms and a life sized cardboard donkey! In another class we celebrated the New Life that Easter brings making cards from still life paintings of daffodils and blossom alongside Easter Chick cards. The final activity was making Hot Cross Buns from scratch in 30 minutes each time – a great recipe that used Greek Yoghurt instead of yeast meant everyone took some home to share with their families.

Also last term Hedgehogs have been practising their number bonds to 10. They have learnt a song to help them remember them. The children always show us how much of an independent learner they are when trying to work



## ASCENSION DAY SERVICE

Debenham  
18th May 2023, 7.30pm  
All welcome



# STRAWBERRY TEA

at ASPALL HALL GARDENS  
in aid of Aspell Church

DISPLAY OF  
MORGAN CARS  
BRIC-A-BRAC



PLANT STALL  
RAFFLE  
CAKE STALL

SUNDAY 25th JUNE  
2.00 - 4.00 pm

£7.50 inc SCONE, STRAWBERRIES & CREAM  
CHILDREN FREE

TICKETS AVAILABLE FROM WEBSTER'S NEWSAGENTS  
(Plants and Bric-a-brac to Jean Ward 01728 860121)



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out number bonds to ten using apples on the trees, coloured teddies, beads on string – always finding ways to make it fun to learn.

Foxes have been making some natural clay sculptures. Inspired by the artist Andy Goldsworthy. They collected natural resources from the woods and created their imaginative masterpieces.

In Eagles they set up their own scientific enquiry. They have been learning about living things and their habitats so their line of enquiry is to find out how plants are affected by their environment. They are making sure it is a fair test so they will have a 'control' plant, as well as five other plants which will be potted up and looked after in different conditions.

We return for the Summer Term with Eagles now looking at South America and the class researching this Continent from Scarlett Macaws in the Rain-forest to Lionel Messi the footballer!

Hedgehogs and Foxes topic this term is The Great Fire of London in 1666. How different it is today with our wonderful Fire Service. To this end we are very excited to be visiting Debenham Fire Station to learn more about the modern Fire Service and Firefighters.

This term we are joining with our partner school Henley for a joint week of learning in the outdoors doing a range of activities across both schools. We will be orienteering, lighting fires, cooking outside, pioneering, pond dipping, natural jewellery,

## HELMINGHAM SUMMER DRINKS



Edward and Sophie Tollemache invite you to join them for Summer Drinks in the garden at Helmingham Hall on Wednesday 28th June from 6.30 - 8.30 pm for drinks and canapés.

£12.00 in aid of St Mary's Church, Helmingham.

Please book tickets in advance by contacting Sue Hankins **before 8th June** on [office@helmingham.com](mailto:office@helmingham.com) or 01473 890393



# The Secret Gardens of Kenton

June 18th  
2-6pm

Teas, Cakes,  
Plant Stall

Tickets £5  
available on the day  
from Kenton Church  
(under 15s free)

Contact Vic Woodgate  
01728 861118

dream catchers, clay modelling, nature trail walks, problem solving, outdoor challenges, photography and archery. We are definitely hoping for good weather!

This will be a fantastic lead in for the September 2023 term when Helmingham will be commencing an exciting collaborative curriculum with outdoor learning focus.

If you would like to come and visit us then please give the school a ring on 01473 890267 or email us on [office.helmingham@gfpschools.org](mailto:office.helmingham@gfpschools.org). Find out more: [www.helmingham.suffolk.sch.uk](http://www.helmingham.suffolk.sch.uk)

## PETTAUGH

Spring has been a quiet period in Pettaugh. However, the church looked well, surrounded by snowdrops which were quickly overtaken by the daffodils. The

Easter Sunday service was well attended with the Holy Communion service being taken by Mark Trevitt by extension. The church was beautifully decorated with colourful spring garden flowers, tulips of many colours were in abundance and the sun shone on Easter Sunday morning.

On Monday 3rd April the ashes of our dear friend Richard Clark, were interred in the memorial garden at St Catherines during a quiet, humble but sun filled service.

Work on the churchyard has commenced after a long, hot and dry summer last year. The grass suffered hugely with such little rain. We have had a really wet spring, but ground clearing and tidying is beginning to take place. The grass is now growing very healthily. Any volunteers willing to help with the grass cutting and tidying the churchyard generally would be greatly appreciated. Please contact the church warden for details of how to help.

The meadow behind the church continues to look beautiful. Again kept neat

and tidy by our local volunteer. Walkers passing through admire the hard work and the changing seasons. We have moved into the Coronation period of King Charles III and whilst we did not have any plans in Pettaugh we hope that residents have enjoyed celebrations in some of the surrounding villages.

We are still looking to hold a community event in the meadow later in the year and we hope that residents will offer ideas and suggestions of help. Please contact the church warden.

We hope that you enjoy a warm, but not too warm, and happy summer.

*Sheila*

## DEBENHAM

### **Parish Café**

Every Wednesday, 10am to 12 noon in Dove Cottage. Hot drinks, cake and chat.

### **Parish Pantry**

Every Wednesday morning, 10am to 11am in the church. Collect a bag of groceries for £3.

### **Family@church**

A family friendly service for the young and not so young. On the first Sunday of each month, 9.30am breakfast, 10am service.

### **Waveney Foodbank**

A collection box for Waveney Foodbank is in the church porch.

### **Debenham Hub**

Every Monday, 10am-2pm in Dove Cottage, High Street. Free hot drinks, WiFi, use of microwave, books available, cards and a warm welcome. Bring your knitting! Sponsored by Debenham Parish Council as part of the Warm Space Initiative.



## **JUNE 16/17/18 ST MARY'S DEBENHAM**

FRI 16th: 10.30am-8.00pm

SAT 17th: 10.30am-7.00pm

SUN 18th: 11.00am-4.00pm

(music and drinks FRI 6.00pm-8.00pm)

[www.stmarysartex.org.uk](http://www.stmarysartex.org.uk)

PARISH

CAFÉ



**every Wednesday**

**10 am-12 noon, Dove Cottage**

Pop in for a cuppa, cake and chat  
(for a donation only)



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## **Recycling containers and Green Team lectures**

Debenham Green Team ([debenhamgreenteam@gmail.com](mailto:debenhamgreenteam@gmail.com)) have containers for blister packs, pens, dental products and corks, at the back of the church. Also old candles for recycling. Join the mailing list at [debenhamgreenteam@gmail.com](mailto:debenhamgreenteam@gmail.com). See the events coming up at [www.facebook.com/DebenhamGreenTeam](http://www.facebook.com/DebenhamGreenTeam)

## **Debenham Library**

We resume **Afternoon Teas** at the Library on **Sunday 11 June** and **Sunday 9 July**, from 2-4pm. Come and enjoy cake or scones and hot drinks while you browse the books, read or use the computers—or enjoy the garden outside, if the weather is fine.

A Free **Story Trail** launches in Debenham in the summer, using local author Vibeke Flatman's book *At the End of the Rainbow*. For more details see the Debenham Parish Magazine.

**People's Champion Awards:** our manager Maureen Wood has been shortlisted for the Volunteer's choice award, in recognition of her support of volunteers, and Howard Simpson has been shortlisted for the Innovation award, awarded to a volunteer who drives a successful new idea or initiative within their local library—in his case the Heavy Metal Day held last July. Awards will be presented at Woodbridge Library on Thursday 8th June.

**PAWS-itivity** will involve Labrador dog sculptures, decorated by local artists, in Suffolk Libraries this summer. One will visit Debenham—we don't know when yet!

**Lego Brickology Workshop: Wednesday 9 August, 2-4pm.** Ages 4+ (and adults!). Sponsored by Denbury Homes.

**Reading Challenge:** look out for the Summer Reading Challenge, starting on **15 July**. This year's theme for 4-11 year olds is *Ready, Set, Read*. More details from the Library.

A Dungeons and Dragons group now meets monthly in the library, with a junior version to launch soon too.

**Warm Spaces:** Debenham Library continue to offer free hot drinks on a self-service basis. Come and make yourself a drink while you browse the books, read or use the computers!

For up to date details see the Facebook page (see below)

*Books, DVDs, WiFi, Computers, Printing/photocopying/scanning, A4 Laminating, CDs, audiobooks, downloadable music/audiobooks/ebooks, free reservations, drinks for sale. The room is available for hire outside opening hours.*

Tuesday 0930 am – 1300 pm    Wednesday 1500 – 1930 pm

Saturday 0900 am – 1300 pm    Sunday 1200 – 1600 pm

Tel: 01728 861940

[www.suffolklibraries.co.uk/libraries/debenham-library](http://www.suffolklibraries.co.uk/libraries/debenham-library)

Facebook: @DebenhamLibraryandFriends

Email: [debenham.library@suffolklibraries.co.uk](mailto:debenham.library@suffolklibraries.co.uk)

### **Suffolk Libraries: Mobile Library Routes (every 4 weeks)**

Aspall Church, Thursdays 1145-1210 (please note times have changed)

Debenham, Gracechurch Street/Henry Street Thursdays 1115-1145

Framsden Village Hall, Thursdays 1400-1415

Pettaugh, Old Bull, Fridays 1535-1555

*Helmingham and Kenton are no longer listed*

See [www.suffolklibraries.co.uk/visit/mobile-libraries](http://www.suffolklibraries.co.uk/visit/mobile-libraries) for more information.

### **Debenham Shed**

Dates for our Craft Days are as follows:

Saturday 24 June (macramé and another craft activity), Saturday 22 July (decoupage), Saturday 12 August, Saturday 9 September, Saturday 14 October, Saturday 11 November (Christmas crafts) and Saturday 9 December (Christmas crafts). To cover the cost of craft materials and refreshments



# **PARK FARM MEADOW**

## **Exclusive dog meadow based in Winston Green**

3 acres surrounded by a two metre high dog proof fence.  
The Meadow can be hired for 30 minutes or 1 hour slots,  
for you and your dog to enjoy off-lead freedom.

Booking and all information at:

**[www.parkfarmmeadow.com](http://www.parkfarmmeadow.com)**

Facebook page: Parkfarmmeadow

there will be a charge per session of £10 for members, £15 for non-members. Advance booking is required for these sessions: please email [chairman@debenhamshed.org.uk](mailto:chairman@debenhamshed.org.uk). More details of activities available will be in future updates, or you can sign up to our mailing list at [www.debenhamshed.org.uk](http://www.debenhamshed.org.uk) on the Contact page.

We now have a “pay as you go” membership option for those who can only come occasionally: £10 p.a. and £1.50 per session, as an alternative to the “contract” option of £50 a year or £25 for six months.

Our 1976 MG Midget should be ready for sale in June, resprayed and with new gearbox, suspension and other parts. Profits from the sale will go towards a defibrillator.

The “west wing” construction is now complete and is being used to store furniture being renovated or upcycled, items for sale and larger equipment. We are grateful for grants from Debenham Parish Council, Mid Suffolk District Council, Adnams Community Trust and Suffolk Community Foundation. Goods are being sold on Facebook Marketplace and elsewhere.

*What is Debenham Shed? A place to make things by yourself, with guidance or with others. It could be in metal, cloth, wood or plastic. We have lots of tools and sourcing materials. You may want to repair or make new—the limit is your imagination. It is also for social connecting and friendship building, sharing skills and knowledge, and of course a lot of laughter. Debenham shed is open to all.*

Debenham Shed is at 2 Fields Farm, Low Road (IP14 6BJ). We are open on Monday mornings 9am-12pm, Friday afternoons 2-5pm and normally the second Saturday morning of each month.

Chairman: Dennis Morley 07976 925016. Treasurer: Tony Hutt 07906 614328. Visit our website at [www.debenhamshed.org.uk](http://www.debenhamshed.org.uk) (sign up to newsletters on the Contact page) Email [info@debenhamshed.org.uk](mailto:info@debenhamshed.org.uk). Like our Facebook page at [www.facebook.com/DebenhamShed](https://www.facebook.com/DebenhamShed).

## **Editor’s notes**

The Copy deadline for the next *Together* (September-November) magazine is **25 July**, and is normally published about two weeks later. Quarterly, A5 format. 700 copies printed and collated on Rizograph stencil copier, distributed free by members of Winston church. Send copy to the editor by email, email attachment (Word or Publisher formats preferably); Adobe PDF format may be suitable. Photographs do not reproduce well but graphics are usually OK. If you can’t do any of these send the copy in the post.

**Editor:** Tony Hutt, Email: [tony@tonyhutt.co.uk](mailto:tony@tonyhutt.co.uk) Tel (01728) 860173. 19 Priory Lane, Debenham, Stowmarket, Suffolk, IP14 6QD.

**Advertising** payments to Kate Branch, The Red House, Winston, Stowmarket IP14 6LG Tel (01728) 861004 Email: [cmcbranch@btinternet.com](mailto:cmcbranch@btinternet.com) (payable to Winston PCC). 1/8 page for £20 p.a. (4 issues); ¼ page for £40 p.a.; ½ page for £80 p.a. Send advertising enquiries and advertising copy to Tony Hutt.

This magazine is published online at [www.achurchnearyou.com/debenham](http://www.achurchnearyou.com/debenham) and earlier copies are available at [www.issue.com/tonyhutt](http://www.issue.com/tonyhutt).



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For details contact Jo Calver, Helmingham 01473 890770,

email: [jothereadhead68@gmail.com](mailto:jothereadhead68@gmail.com)



# FARTHING

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[www.farthingfunerals.co.uk](http://www.farthingfunerals.co.uk)

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[www.debenvalleyvet.co.uk](http://www.debenvalleyvet.co.uk)

**Useful links**

Debenham website and PC  
Framsden PC  
Framsden village  
Winston website and PC  
Pettaugh website and PC  
Framsden Baptist Church  
Forge Church (Debenham)

[www.debenham.onesuffolk.net](http://www.debenham.onesuffolk.net)  
[www.framsden.onesuffolk.net](http://www.framsden.onesuffolk.net)  
[www.framsden.org.uk](http://www.framsden.org.uk)  
[www.winston.onesuffolk.net/parish-council](http://www.winston.onesuffolk.net/parish-council)  
[www.pettaugh.suffolk.cloud](http://www.pettaugh.suffolk.cloud)  
[www.framsdenbaptist.org](http://www.framsdenbaptist.org)  
[www.forgechurch.com](http://www.forgechurch.com)

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**Open every day**

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**baynesandrew@aol.com**

*Member of The Guild of Master Sweepers*

### Winston School Room

is available to hire: see back page for  
details.

### Dove Cottage

is available to hire: contact Ray Watts,  
70 High Street, Debenham IP14 6QP

Tel 01728 860255

Email [wattsdebenham@aol.com](mailto:wattsdebenham@aol.com)

## CHIMNEY SWEEP

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